Dr. Stephanie L. Brooke, Ph.D., NCC



Expert Art Therapy, Online Instruction, Consultation and Counseling

Dr. Stephanie L. Brooke, Ph.D., NCC has nearly two decades of experience presenting well-received staff development workshops across the U.S. and abroad. She further leads art therapy groups for survivors of sexual abuse. Dr. Brooke implements the case method and problem-based teaching approaches in classes, has earned the highest degree in the field, attends and presents at professional conferences, is a member of all field-specific professional organizations, participates in training sessions, continues certifications, publishes books and journal articles within the field.

"My primary goal is to have a positive impact on my students' future professional practice. Part of this impact involves stimulating students to consider situations from perspectives different from those they normally adopt. I encourage students to develop career-long habits of self-motivated learning."

Staff development workshops bring powerful art therapy or art-based assessment instruction to your organization, tailored to your group's particular needs. Dr. Brooke presents on conflict resolution, art therapy, and strategies for working with challenging children and teens.

Staff Development Workshops include:

- Child and Adolescent Development Cultural Diversity
- Child Abuse and Neglect
- **Behavior Management Strategies**
- Sexual Abuse Detection and Prevention
- Family Violence
- Interpersonal Relations

- Workplace Motivation
- Staff Retention
- Job Satisfaction
- Leadership
- Communication

Art Therapy Workshops include:

- Art Therapy for Healing
- Art Therapy with Sexual Abuse/Trauma Survivors
- Art Therapy Assessment
- Presentations on ARIA (Awareness of Rape and Incest though Art)

Enhanced Learning and Retention

Dr. Brooke believes learning is socially constructed; so, she helps each student feel an integral part of a learning community during class through group activities, peer and instructor interaction. Student are involved, effectively retaining and understanding materials with active inquiry, group discussions, case studies, interactive lectures and human relations group techniques including community ethnologies, instructional technology (particularly the use of the Internet), problem-based and cooperative learning. Each attendee learns personal acquisition strategies to improve their educational and work experiences.

"To be effective in educational and work teams, my students must have the opportunity to take responsibility for becoming life-long learners. I want every student to become empowered by their own learning and development as students and professionals."

About Dr. Stephanie L. Brooke

Dr. Stephanie L. Brooke, Ph.D., NCC is internationally known in the field of art-based assessment, and consultation specializing in sexual abuse. Dr. Brooke is author of five books, A therapist's guide to Art therapy assessments: Tools of the Trade and Art therapy with sexual abuse survivors, to name a few, plus countless several professional, peer reviewed academic articles in the field of psychology and art therapy. She has appeared several times on the Buffalo TV News, the AM and PM shows, to offer expert input on sexual abuse, art therapy and video voyeurism. Now, she is consulting internationally.

Dr. Brooke is part of the Editorial Board of PSYCCritique for Contemporary Psychology. She is Vice Chairperson for ARIA (Awareness of Rape and Incest Through Art) and member of the American Psychological Association, the American Art Therapy Association, the American Play Therapy Association, the American Counseling Association and the New York Mental Health Counselor's Association.

To find more information on Dr. Brooke's workshops, schedule a consultation or purchase a book, visit www.stephanielbrooke.com.